



UNDERCURRENTS

Newsletter of the Bluegrass Dive Club / www.bluegrassdiveclub.com

October 2013

Volume 43, Number 10

October's Club Meeting

Date: Tuesday, October 8th
Time: 7:30-PM (business)
 Social at 7
Location: The Racquet Club
 3900 Crosby Rd.
Program: BGDC Bonaire Trip

President's Message

By Tracey Combs



Happy Fall Fellow Divers. I hope that you have enjoyed your summer and spent a lot of time underwater. The group that went to Bonaire in September definitely took advantage of the unlimited shore dives. Those of us who were not on the trip are definitely envious.

Halloween is just around the corner and New Horizons Diving Center has a great fall event. They are doing Underwater Pumpkin Carving. I can't imagine!! Please see their website (www.newhorizonsdiving.com) for all of the details. They also are now an official GoPro dealer. So if you don't have a video camera, be sure to stop by and let them WOW you with the versatility of the GoPro.

The Trip Committee is working hard to get some additional dives on the books. If you have a suggestion or a bucket list location, please share your ideas. We are always interested in suggestions. Contact Doug Geddes or one of the committee members.

Bluegrass Dive Club is on Facebook. We hope you visit and like our page. Feel free to share your pictures and videos. Don't be shy!!

Our elections will be held in November at the regular meeting.

Our next meeting will be Tuesday, October 8 at 7:30 pm at the Racquet Club. Guests are always welcome. I hope to see you there!! 🚩

The Editor's Notes

By John Geddes



The pics for this month are from the Pig Roast. More to come. 🚩



2013 BGDC Officer's

Tracey Combs, President	621-4066
Corrine Mulberry, Vice President	913-0892
Kris Harn, Secretary	278-4246
Dan Miller, Treasurer	948-5133
Doug Geddes, Trip Director	224-3197
Rick Stephan, Safety Info Dir.	223-3719
Mike McCann, Webmaster	255-3937
John Geddes, Newsletter Editor	223-7926

Vice President's Report

By Corrine Mulberry



The Program for the October BGDC meeting will feature the recent Bonaire trip. Underwater photos are being provided by Richard Raybek and land-based fun photos are being provided by Terry Anderson. Big thanks to Rick Stephan for compiling the photos into a program.

If you have diving information that you would like to present at a Club meeting (past or potential dive trip, etc.), I would love to hear from you. Please contact me so that we can put you on the calendar. 913-0892 or mulberryc1@gmail.com

A big shout out and "WELCOME" is extended to new member, **Will Robinson**. Will will be participating in the January 2014 trip to Truk/Chuuk/Yap. Will resides in Texas and is an enthusiastic diver and great addition to the BGDC. Welcome Will!



Nominations for BGDG Officers (2014):
Nominations for Officers for the BGDC for 2014 are being accepted. Elected positions include:

- President
- Vice President
- Secretary
- Treasurer
- Trip Director
- Safety Information Director

- Newsletter Editor
- Webmaster

Our President, Tracey Combs, has appointed a Nominations Committee to develop a slate of proposed nominees for elected Board positions. The slate will be presented to the Board in October and members will vote during the regular November meeting. If you are interested in learning more about elected positions, or have any thoughts, ideas or suggestions for potential nominees, please contact a Nominations Committee member:

Corrine Mulberry
mulberryc1@gmail.com
859-913-0892

Charlie Denham
charlesdenham@hotmail.com
859-254-3919

Tamara Williams
tamaraw@twc.com
859-273-0878

Noel Hall
noelhall@aol.com
859-552-5276

Nominees for elected positions must be in good standing (dues paid), have been a member for at least one full year and be at least 21 years of age.



Why are you telling me all of this? The BGDC is an active group and we have new members joining all the time. There's a lot of behind-the-scenes work involved with keeping

Vice President's Report Cont.

a Club that is this active, this vested, this vocal, and, yes this much fun....functioning. We are fortunate to have incumbent officers who are willing to continue to serve us. However, we are always looking for new blood. Recruiting new people to serve on the BGDC Board to help effectively run the Club is important for keeping the Club active and healthy. If you have ever considering participating more with the Club, the nominating committee would like to hear from you and would be more than glad to discuss the functions of the Board, the responsibilities of various positions or any facet of the Club with you. Serving on the Board is an avenue for to bringing new ideas and a voice to the Club. So.....why not throw your name in the hat?

Are there any perks? Yes. Please see our By-Laws for the specifics, but, basically, when the Club earns a "freebie" on a trip (hotel/dive package) that discount is divided among all Members participating on the trip. If a second "freebie" is earned, that discount is divided among the Board. For example, if we received 1 free room for every 10 rooms booked at a resort and we had 27 rooms booked, the first discount would be divided among all of the trip participants and the second discount would be divided among the Board. The Board receives these discounts as "dive bucks" (not cash). These "dive bucks" can be used on future BGDC trips and are valid for two years from the date of the distribution. 🚩



From the Treasurer

By Dan Miller



2013 Membership Dues

Student (High School or College ID) ..	\$10.00
Single & Family (1 diver)	30.00
Family (non divers).....	30.00
Family (2 or more divers)	40.00

Renewal: Please send payment to the address listed below, please make sure there is a correct indication of your mailing address, phone number and it is very important to indicate an email address.

Contact / Mail to: Bluegrass Dive Club c/o
Dan Miller
824 Gunpower Drive
Lexington, KY 40509

New Members: Visit the website to fill out an on-line form or to access a Microsoft Word printable form. [CLICK HERE](#). 🚩



Safety Corner

By Rick Stephan



Note: This month's article is a shout out to our webmaster, Mike McCann. As someone who was "in the business" a very long time, I've seen a lot of website and I know that our club website is one of the very best, even when compared to "professional" sites. One of the things Mike does is archive our newsletters, which provides a very interesting log of our past trips, events, and endeavors.

Of importance to this column, the newsletters (and Mike's summaries on the menu page) contain the Safety Corner topic of the month. You can find this at www.bluegrassdiveclub.com/newslett.htm

Over the past few years there have been articles on many aspects of diving, dive planning, dive travel, and other more esoteric topics. So, for this month's column, I am going to take you on a virtual dive trip, and call out articles of benefit so you can go check them out yourself.

So, read on, and figure out which articles will help you with your next dive adventure.



Remember, safe diving is fun!



Diving into the Archives

Or, Undercurrents Unlimited

The Trip

So, you're thinking about diving. Where to go, when, where to stay – all these questions get answered in detail when you're a member of the BGDC. Just check out the website for upcoming events at www.bluegrassdiveclub.com/upcoming.htm

Here you can find out all the planned dive locations for the next year or more. When you click on the trip itself, you will find out about the location, the estimated price, payment plan, and some links to the location, dive operator, resort, and other pieces of information (whatever Mike's devious mind compiled).



Okay, what to do to prepare? If you are a little out of dive shape, you might want to check out the article from 11/11 **Pool Exercises for Increasing Your Water Comfort** to prepare.

Check out the 9/12 article on **Dive Travel** to get some perspective on what to look forward to. If the trip goes to another country, you might look at the 4/10 article **A Safe Trip Abroad (Diving or Otherwise)** to plan for safety. If you've changed medications since your last trip, you might refer to the 3/11 newsletter for **Over-the-Counter Medications & Diver Precaution**.

Planning

Ok, so now you're feeling reading to dive. The BGDC has provided you with a great

Safety Corner Cont.

location, great prices, and at least decent buddies (JK, okay?). So, YOU have to do some work too. A good start might be to use the planning list that you've perfected over your past trips to make sure you have all your gear, papers, etc. But, you might think about adding a **Diving First Aid Kit**, just in case, which was explained in the 7/11 article.

When you get your gear together, you might use **The Art of Packing for a Dive Trip** from the 12/12 Undercurrents to figure out how to put in the bags and get it on the plane.



Diving

Okay, you made it! You've checked into the resort, shown your C cards and are ready to get wet. First things first... Most resort programs recommend an acclimation dive to make sure you are ready for the bigger dives. Sometimes this is done off the dive resort's dock, sometimes it's just the first boat dive. What should you do on this first dive? First, you need to make sure you are neutrally buoyant, as described in the 11/12 article **The Ups and Downs of Buoyancy Control**.

Once you've done that and checked out all your gear for functionality, you are ready for the cooler dives – deeper, longer, better. For most dives, you will get a dive briefing.

Check out **Getting the Most from Pre-Dive Briefings** from 2/13. Then, before you dive, consult **Your Pre-Dive Checklist** (1/13). As you're going down, you may want to make sure you properly equalize. Read the article

from 5/10 about **Clearing Those Ears**. How should you descend? Well, the 1/12 article provides **6 Steps to a Controlled Descent**. Want to stay down as long as your buddy? Read 10/11's **Extending your Time Out of a Tank**. And of course, when you're coming up, don't forget the information provided in 3/13's article **What is a Safety Stop?**

For other situations underwater, there are also articles on helping a panicked diver, what to do with a free flowing regulator, narcosis, hyperventilation, and how to dive in currents.

Between Dives

While you're on the trip, remember to take care of yourself. Avoid missing dives (or worse, having problems during dives) due to **Dehydration** as described in the 6/11 article, or too much **Exposure to the Sun** (from 6/12).



After the Trip

When you get back, there are still things to do. You've spent lots of money on your gear; why not take care of it? **Store Your Dive Gear Properly** from 9/11 should help you do that.

There are many other items of interest in the archive, so check it out. The website as a whole is a great source of information for all matters BGDC, so use it, and appreciate it! 🚩

Trip Director's Report

By Doug Geddes



TRUK/YAP 2014

Crazy things have happened since my last article. We had one cancel out and worrying about finding a replacement since no one was on the waiting list and then we had three people that were interested. It is strange how things work out. If you are thinking that you might be interested, then you should go ahead and put in a reservation just in case someone else should have to cancel out. It is hard to believe it so close before we leave. It has been almost three years since we first put this one on our calendar. Can't wait for this one to get here, it will be an awesome trip.

RIDING ROCK INN/ 2014

Rebecca Singer has been working on putting together this great trip for early summer. We are just working out the details and dates, but keep this one in mind for then. It is located in San Salvador, Bahamas. We dove there many years ago and had a wonderful experience. Hopefully we will have something on the website soon.



FUTURE TRIPS

Sorry I have been slow in getting more trips on the books for the future. We have lots in the pipeline, just trying to nail a few of them down, but I can tell you, they will be awesome trips. 🚩

From The Secretary

By Kris Harn



BOARD OF DIRECTORS MEETING 08/27/13

Meeting called to order at 7:41pm. Tracey, Corrine, Dan, Kris, Doug, Rick, John, & Mike in attendance. Dan gave Treasurer's report. Corrine went over upcoming DVD's for regular meeting. Rick's article is on Shore entry. John needs articles by 08/29/13. Doug reviewed upcoming trips. Doug reviewed Pig Roast. Christmas party to be held on December 14 at the Kidd's house. Meeting ended at 9:14pm.

REGULAR MEETING 09/10/13

Meeting called to order at 7:34pm. 16 people in attendance. Tracey gave Treasurer's report since Dan was not at meeting. Thanks to Doug for Pig Roast. Corrine went over upcoming elections in November. Doug reviewed upcoming trips and asked for trip ideas from membership. Rick went over article on Shore entry. John will have newsletter out by the weekend due to computer being down. Corrine handed out door prizes to Kris, John, & Maryann. DVD was shown on Chuuk/Yap. Meeting ended at 8:37pm. 🚩

Bluegrass Dive Club 2013 Calendar

October

8, Tuesday Dive Club Meeting
29, Tuesday Board Meeting

November

12, Tuesday Dive Club Meeting
(Elections)
26, Tuesday Board Meeting